

CALLING ALL POTENTIAL FITNESS INSTRUCTORS!

A REPs Level 2 Exercise to Music qualification specifically for **YOU!**

Level 2 Certificate in Fitness Instructing- Exercise to Music (QCF)

The gateway to *your* career in fitness

The EnergyWise Academy are happy to announce dates for our next Exercise to Music Level 2 qualification which has been written to the 2009 NOS - National Occupational Standards. No other training provider can offer a more up to date qualification for group Exercise to Music. This course also includes a UNIQUE business management workshop with tried and tested methods to get the most out of running your classes. In summary, a course that prepares you for... and supports you in... the **real** world.

If you want:

- To gain knowledge and understanding of warm ups, cool downs, stretches and toning?
- To understand music, choreography and successful class formats?
- Training from experienced, professional tutors in a highly recommended centre close to home?
- Quality time being tutored face to face in a small group situation?
- Unlimited calls and emails to tutors for support during the course **AND** after you qualify?

Then look no further!

We can assure you that you will be in extremely capable hands as ALL of our tutors and assessors are themselves well respected and fully qualified with many years experience in teaching a variety of disciplines. Every person involved in your training is currently working on a daily basis within the fitness industry and therefore has a wealth of knowledge far greater than any text book or student manual.

We are running this Exercise to Music course **specifically for potential instructors** who recognise the need for professional qualification. Not only does this qualification give access to **valid** Professional Indemnity Insurance, but it will, more importantly, increase your understanding of what is involved in teaching safe effective exercise classes and believe it or not ...this will help you to enjoy your classes **EVEN** more!

Course	Component No.	Dates	Cost
Level 2 Exercise to Music Code: L2ETM/12/01	Component No. 1	1 st – 3 rd June 2012 incl	£595.00
	Component No.2	8 th – 10 th June 2012 incl	
	Component No. 3	13 th – 15 th July 2012 incl	
	Exam	4 th August 2012	
NB each weekend comprises Friday 6pm - 9pm PLUS Saturday & Sunday 9.30am -5.30pm A deposit of £150 secures your place PLUS three further payments of £148.33			

So what *are* you waiting for? Send your registration form **today!**

www.energywiseacademy.co.uk 0131 661 2636 info@energywiseacademy.co.uk

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